

FBC Wellness Policy

Dear Church Family,

It is our desire to create a healthy, safe environment for all who attend First Baptist Church. Therefore, we have created some guidelines to protect our attendees and ensure a healthy environment.

In an effort to maintain this, we ask you to utilize the following guidelines. According to the CDC the following are potential symptoms of COVID 19. We ask that if you are experiencing these symptoms, that you not come to First Baptist Church for at least **10 days after the onset and a minimum of 72hrs symptom free.**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you test positive for COVID 19 or are quarantined please do not come to First Baptist Church until you are out of quarantine and symptom free.

In addition to the COVID symptoms we ask you to also follow these additional guidelines.

- **PINK EYE:** Attend only after **24 hours** of no matting or drainage occurring, and the child is no longer rubbing the eye.
- **RASH:** Anyone with an unexplained or contagious rash should not attend until cleared by a doctor and/or on antibiotic for **24 hours.**
- **LICE/OTHER INFESTATION:** Persons should not attend until after treatment, and all live lice and visible nits have been removed.

If a child exhibits any of these symptoms while at FBC children's programs, they will be isolated from the other children and parents will be contacted to come and pick up their child. **If your child is being treated with an antibiotic, he or she should have received treatment for at least 24 hours before coming to a program.**

Thank you,

FBC Council